

Affordable Counseling Resources for Students

Agency Name	Phone Number	Address Hours of Operation	Waitlist (Yes, No, or N/A)	No Insurance/ Sliding Scale	Age Ranges	Website
Family Houston Counseling – Fort Bend	(713) 861-4849	12300 Parc Crest Dr. Stafford, TX 77477 (Mon-Thurs.) 8:00a.m.- 6:00p.m.; Fri. 8:00a.m.- 5:00pm.	N/A	Sliding-scale fee for uninsured families	3-18 years	https://familyhouston.org/counseling4kids/
DePelchin FAYS Program	(281) 261-1341 OR (713) 730-2335	12300 Parc Crest Drive Suite 120 Stafford, Texas 77477 9:00a.m.-5:00p.m.	Each therapist has their own schedule. You have call to find out.	Free	3-17 years	https://www.depelchin.org/
Hope and Healing Center and Institute	713-871-1004	717 Sage Road Houston, TX 77056 Mon- Fri 8:00a.m. to 5:00p.m	Yes. You must call to find out how long it will be.	Free	18 and up	https://hopeandhealingcenter.org/
Catholic Charities Counseling Services	1-866-649-5862	1111 Collins Rd, Richmond, TX 77469 Hours: Monday-Friday 9:00a.m.-3:00p.m.	Waitlist	Sliding Scale	All ages	https://catholiccharities.org/aboutus/
The Harris Center for Mental Health	713-970-7000	9401 Southwest Fwy, Houston, TX 77074 8:00a.m.-5:00p.m	No waitlist	No insurance	3-17 years	https://www.theharriscenter.org/Services/Our-Services/Outpatient-Mental-Health-Services

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Legacy's Behavioral Health Services	832-548-5000	12667 Bissonnet St, Houston, TX 77099 8:00am-8:00pm	Waitlist	Sliding Scale	All ages	https://www.legacycommunityhealth.org/services/behavioral-health/
Texana Center	(281) 276-4400	2535 Cordes Dr. Sugar Land Texas 77479 8:00a.m.-5:00p.m.	No Waitlist	Based on ability to pay	3-17 years	https://www.texanacenter.com
Amplify Plus	(346) 341-7971	4220 Cartwright Rd ste 105, Missouri City, TX 77459	No waitlist	Insurance Private pay Sliding scale	14 and up	https://amplifyplus-therapy-coaching.com/
San Jose	(832) 945-6711	1615 Avenue E, Rosenberg, TX 77471	N/A	Low income Uninsured	All ages	https://www.sanjoseclinic.org/
Access Health	281-342-4530	400 Austin St. Richmond, TX 77469 8:00a.m.5:00p.m.	N/A	Sliding Scale	All ages	https://myaccesshealth.org/
Brighter Day Counseling and Consulting	832-449-6874	10401 S. Mason Rd Richmond, TX 77406	No waitlist	Sliding Scale	All ages	https://www.brighterdaycounselingandconsultingpllc.com/
Ellie Mental Health	281-528-1307	26077 Nelson Way Drive, Suite 901, Katy, TX 77494. Monday- Friday 8AM-8PM, Saturdays 11AM-3PM In person and virtual therapy services.	No waitlist	United Healthcare, Blue Cross Blue Shield, Aetna single pay agreement, Sigma single pay agreement	All ages	www.elliementalhealth.com

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<p>Adolescent Substance Use Disorder (ASUD) Program- part of TCHATT</p>	<p>713-486-2045</p>	<p>1941 East Road, Houston, TX 77054 Monday-Friday 8AM-5PM</p>	<p>No waitlist</p>	<p>Free treatment for up to 12 weeks (in person and virtual).</p>	<p>Ages 12-18 years old with alcohol and/or substance abuse.</p>	<p>https://go.uth.edu/asud</p>
<p>Westpark Springs</p>	<p>832-535-2770</p>	<p>1111 Highway 6, Suite 115 Sugarland, Texas 77478 8:00AM-5:00PM</p>	<p>No waitlist</p>	<p>Accepts most insurances. Medicaid/Medicare accepted.</p>	<p>Ages 13 and up</p>	<p>https://westparksprings.com/</p>