

FOOD/FINANCIAL ASSISTANCE RESOURCES

Fort Bend Social Services (281)403-8050
Missouri City/(281)342-7300 Richmond
Provide assistance for utilities, rent/mortgage, food, some medication assistance. Also will provide assistance for emergency shelter and unmet emergency needs.

East Fort Bend Human Needs Ministry
(281)261-1006 www.humanneeds.org
Emergency financial assistance for rent/mortgage and/or utilities. Also offers medication assistance.

Second Mile Ministry (281) 261-9199
www.secondmile.org
Food pantry, free health clinic

RESOURCES FOR STUDENTS ON THE AUTISM SPECTRUM

Hope for Three (281) 245-0640
<https://www.hopeforthree.org/>
Provides advocacy, resources, and support for families living with autism spectrum disorder

Texana (281) 239-1300
<https://www.texanacenter.com/>

Texas A&M University~Coach to Communicate Project autism.tamu.edu
Up to age 22; Face-to-face and/or Web-based parent trainings at no cost for parents, caregivers, teachers, and service providers

SOCIAL SKILLS

Got Advocacy (832) 509-2230 gotadvocacy.org
Social Skills group in Pearland. Ages 5-10

Spectrum Social Skills Yoga aparaautism.com
Apara Autism Center Sugarland (844) 272-7223

Autism and Adulthood Social Skills Group
autismandadulthood.com
Located in Katy; Ages 13-17

Social Motion Skills at TX Children's Meyer Center
Contact Dinah: dlgodwin@texaschildrens.org or Jennifer jlruether@texaschildrens.org
40 week after-school social skills program
June 3, 2020-May 12, 2021. Must be current or former patients of Texas Children's Autism Center and the Meyer Center.

GUARDIANSHIP RESOURCES

Brazos Bend Guardianship Services
(281) 232-7701
<https://brazosbendguardianship.org/>
Provides seminars locally on guardianship and alternatives. Also provides reduced rate guardianship legal services and financial assistance to those who qualify (250% of poverty level).

Disability Rights Texas (512) 454-4816
<https://www.disabilityrightstx.org>

The Arc of Fort Bend (281) 494-5959
<https://arcoffortbend.org/>

TRANSITION SERVICES

gottransition.org ~Medical Transition
Transitioning from Pediatric to Adult Healthcare

18 and Beyond (832) 781-4810
10200 West Airport Blvd, Stafford, TX 77477

Center for Pursuit (713) 525-8416
810 Marston St., Houston, TX 77019

Workforce Solutions (281) 344-0279
28000 Southwest Fwy, Rosenberg, TX 77471

RESPIRE SERVICES, CAMPS, AFTER SCHOOL CARE

RESPIRE RESOURCES

Be an Angel <https://beanangel.org/respire-care/>
(281) 219-3313
Provides financial assistance for in-home respire care

Hope For Three (Teen Huddle)
Samantha Katchy (281) 245-0640
samantha@hopeforthree.org
Parents Time Out-Three hours of respire;
Siblings Sessions

Easter Seals Kristie Carlisle (713) 838-9050
ext 307 kcarlisle@eastersealshouston.org

ARC of Ft. Bend
Parent Night Out & Teen/Tween Social is an early evening social event for families with children with disabilities who are 11-18 years of age. First Fridays Jan-June & Sept-Dec 6-9p

Grace Fellowship Katy

Respite nights for members and regular attendees

Kingsland Baptist Church-Katy

Provides respite one Saturday a month

Sugar Creek Baptist Church~The Open Door

Barbara Waldhuber 281-274-7431
email: bwaldhuber@sugarcreek.net
Parent Night Out Ages 4-14; 3rd Friday every month, must reserve slot. Vacation bible school for students with special needs

Easter Seals – Katy Teen Club

Contact Kelly Knight at KKnight@eastersealshouston.org
Every Friday night 6:00 – 9:00 pm
Age 12 to 21 years old with Autism Spectrum Disorders and similar disorders; siblings ages 12-16. St. Peter's United Methodist Church
20775 Kingsland Blvd Katy, Texas 77450

St. Peter's United Methodist Church, Special Kids Ministry / Friday Night Friends

<https://www.stpkaty.org/special-needs-ministry/>
Last Friday of the month from 6-9 p.m.
Registration is required; Download registration form and submit it to the Children's Ministries Office by the Wednesday prior to the Friday of the event.

Also every Friday adult respite 9 am- 2 pm

CAMPS**Financial Assistance**

Inspiring HANDS~ Provides scholarships to offset tuition costs for individuals of all ages to attend special needs summer camps, equestrian therapy, or to acquire service dogs.

Apply online November 1- March 15
www.InspiringHANDS.awardspring.com

Must be accepted by the individual pre-approved camp/center prior to applying for the scholarship

Camp Marcel (713) 298-7679

Elementary-High School. Week-long social skills and recreation day camps in the summer. Offers weekend respite as well.

4112 Tilson, Houston, TX 77043

Camp Journey~Bellville, pickup location in Katy; All ages

Spring Break and Summer Camps
Variety of overnight respite and day camps
Journeyadventures.org (832) 913-6286

Life Prep at Camp Journey

AutismandAdulting.com
Student's ages 13-17 with high-functioning autism
June 1- June 5 overnight

True Knight Academy~Sugarland Ages 5-18; 18-22

Spring Break and Summer Camps
www.TrueKnight.org (281) 978-6056

Sharper Mind Academy~Sugarland; Ages 3-8

Spring Break and Summer Camps
Register for summer camp by March 30
Sharpmindsacademy.com (832) 242-2477

Camp Blessing

Brenham, Texas
campblessing.org (281) 259-5789
Ages 7-22 *also accepts siblings
Overnight, weeklong

Camp Ability (713) 682-7237 ext 201

summer day camp for children with Down syndrome ages 5-12 and their sibling's ages 3-10. There is a cost for each child.

Charis Hills Camp

Sunset, Texas
charishills.org (940) 964-2145

Easter Seals Camps (applications January-March)**Camp Smiles** June 28-3

Overnight, weeklong camp for kids ages 6-14 with Cerebral Palsy

Camp Buckaroo

Weeklong inclusive day camp for children ages 6-14 with disabilities and their siblings. Sugarland location- July 20-24; 10am-3pm

Texas Lions Camp

Kerrville, Texas Ages 4-16. Various residential camps with specific focuses.
(830) 896-8500 www.lionscamp.com

The Elks Camp

free camp for ages 7-15 with a variety of diagnosis. (830) 875-2425
www.texaselkscamp.com

Down Home Ranch

Elgin, Texas
www.downhomeranch.org (512) 856-0128

Camp DRIVE

Elgin, Texas campdrive.org

AFTER SCHOOL PROGRAMS

Sharper Mind Academy~Sugarland; Ages 3-8
Spring Break and Summer Camps
Register for summer camp by March 30
Sharpmindsacademy.com (832) 242-2477

True Knight Academy~Sugarland; All ages
www.trueknight.org (281) 978-6056

SOCIAL/RECREATION

SOCIAL ACTIVITIES

Chuck E. Cheese Sensory Sundays
The first Sunday of every month (participating locations)
Stores open 2 hours before normal opening time

AMC Sensory Friendly Films
2nd and 4th Saturday (family friendly)
Wednesday evenings (mature audiences)
Families are permitted to bring their own gluten-free, casein-free snacks from home

Urban Air Adventure Park Sugarland
Sensory friendly jump. No flashing lights, no music or whistles
Every Monday from 4pm-8pm (except holidays and school breaks)

Children's Museum Houston
Sensory Friendly Days. 2/17, 4/13 10am-3pm

SPECIAL NEEDS MINISTRY

- *River Point Church~Children through Adult
- *Sugar Creek~The Open Door Ministry for children
- *Sugarland Methodist
- *Grace Fellowship Katy~Children through adult
- *Houston First Baptist Church
- *Kingsland Baptist Church~Children through Adult
- *St. Peter's United Methodist Church

SPORTS AND RECREATION

STAR Skaters~ Sugarland Ice and Sports Center Skating Rink www.STARskaters.org

Buddy Ball~ A special needs basketball league open to boys and girls 5-21 years old.
<https://www.buddyball1.com/>

First Colony Little League~Dream League
<https://fcll77479004.sportssignup.com/site/>

Fort Bend Impact~Tumbling
(713) 259-9332 <http://www.fortbendimpact.com/>

Fort Bend Martial Arts Academy
(281) 342-3262
<http://fortbendmartialartsacademy.com/>
Katy American Little League Challenger Baseball <http://www.katyamerican.org/>

Lamar Little League~ League of Champions ages 4-22 (if still enrolled in high school)
Registration is CURRENTLY open--starts March 22
<https://www.lamarlittleleague.com/page/show/3875767-league-of-champions>

YMCA~ Adaptive Sports
Adaptive Swim available at Fort Bend Family YMCA and T.W. Davis YMCA

Sailing Angels Foundation~ Provides a sailing excursion (346) 306-9424
www.sailingAngels.org

OTHER RESOURCES

Bo's Place (713) 942-8339 Provides grief support from age 3+. Individuals, families, pregnancy loss. Katy location has Ongoing Family Groups (ONLY) for ages 5-18

TAG Center~Texas Children's Hospital
<https://www.texaschildrens.org/departments/trauma-and-grief-center>

Provides evidence-based assessment and interventions for youth who have experienced traumas and/or losses.

Families can self-refer @ 832-822-3829

UT Physicians PATH Program (713) 500-7840
<https://www.utphysicians.com/clinic/ut-physicians-path-program/>

For children/adolescents experiencing complex medical issue who also have behavioral or emotional challenges

UT Trauma and Resilience Center Clinic 713-486-2630 <https://med.uth.edu/psychiatry/patient-care/child-adolescent-services/>

You Are Not Alone Program (YANA) Ft. Bend County Sheriff's Office (281) 341-9262
Daily telephone calls and a visit from a YANA Volunteer for seniors and people with disabilities

ADVOCACY

The ARC Fort Bend County (281) 494-5959
<https://arcoffortbend.org/>

Disability Rights Texas
<https://www.disabilityrightstx.org/en/home/>

Navigate Life Texas
<https://www.navigatelifetexas.org/en>

Family to Family Network (713) 466-6304
<https://www.familytofamilynetwork.org/>

Families Can (713) 743-5491
<https://uh.edu/education/pep/families-can/>

SUPPORT GROUPS

M.O.K.A. ~for Moms of Kids with Autism
Second Tuesday of every month. 7pm at the Arc of Fort Bend County. Ashley Bennett (832) 660-5931

Parent Education & Support Group
Second Thursday of every month. 10:30 am at The Arc of Fort Bend County

ADDA (Attention Deficit Disorders Association) Last Tuesday of month 6:30-8:30pm; Sugarland Baptist Church Contact Allison Schaberg (281) 690-1177

NAMI (National Alliance of Mental Illness)

English: 2nd and 4th Thursday, 7:00– 8:30 pm
United Way of Fort Bend, 12300 Parc Crest Dr., Rm. B, Stafford, TX 77477
Contact person: Pat Sumner (281) 384-3156

Spanish: 3rd Tuesday, 7:00 pm – 8:30 pm
United Way of Fort Bend, 12300 Parc Crest Dr., Rm. B, Stafford, TX 77477
Contact person: Bertha Martin (713) 550-4128

Chinese (Mandarin)
Last Sunday of the month, 6:30 pm – 8:00 pm
Contact number below for location.
Contact: Melody Lin (832) 273-3117

MENTAL HEALTH RESOURCES

Access Health (281) 969-1800
Health and Behavioral Health resources
Services for children, teens, and adults
Services in English and Spanish
Accepts Medicaid, Medicare, private insurance, sliding scale
<http://www.myaccesshealth.org/behavioral-care.html>

DePelchin Children's Center (281) 261-1341
STAR program-provides FREE counseling and parent support
<https://www.depelchin.org/services-to-at-risk-youths/>

Family Houston (713) 861-4849
Provides play therapy and family counseling
Accepts Medicaid and most insurance
<https://www.familyhouston.org/counseling4kids/>

Texana Center (281) 239-1300/(281) 342-6384
<https://www.texanacenter.com/>
<https://www.texanacenter.com/>

UT Physicians
Sienna (713) 486-1200
Rosenberg (713) 486-1950
Cinco Ranch (713) 486-5300
Accepts Medicaid, Medicare, private insurance

Marvelous Counseling & Therapy
(281) 508-4466
<http://www.marvelouscounseling.com/>

Journey through Life (832) 431-4246
<https://www.journeythroughlifellc.com/>

Circle of Hope (832) 962-8891
<https://www.houstoncircleofhope.com/>

Evolve Texas (832) 930-4898
Evolveoftexas.com

MEDICAID WAIVERS

Texana
Mary Sotello (281) 239-1363 or
Karen Escobar (Spanish) (281) 239-1368
Waivers: HCS, TxHmL

Texas Health and Human Services
Interest List Phone Line
1-877-438-5658
Waivers: CLASS, MDCP, DBMD