

# Growth Mindset

Having a *growth mindset* means “you believe you can always get better.” You know that you can improve your skills with time and effort and that others can too.

## 🎵 Music Box

| Song of the Month          | Monthly Mindset                              | Video Preview |
|----------------------------|--|---------------|
| <p>“Just Add the YET!”</p> | <p>“You can do it with effort and time.”</p> |               |

## 🏆 Community Challenge

### Goal Set with YET!

This month’s Community Challenge is “Goal Set with YET!” Students will pick a goal to work on for the month. They should plan how they will accomplish their goal. At the end of the month, they should check on their progress.

## 💬 Conversation Corner

Discuss opportunities for students to exhibit this month’s theme.

| At Home   | At School  | In the Community   |
|---|--|--|
| <ul style="list-style-type: none"> <li>→ Do your homework.</li> <li>→ Practice your chores and responsibilities at home.</li> </ul> | <ul style="list-style-type: none"> <li>→ Be open-minded when new things are tricky or feel challenging at first.</li> <li>→ Ask for help when needed.</li> </ul> | <ul style="list-style-type: none"> <li>→ Practice the activities you enjoy.</li> <li>→ Join a club, team, or class.</li> </ul> |



Name: \_\_\_\_\_ Date: \_\_\_\_\_

Class: \_\_\_\_\_ Grade: \_\_\_\_\_

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## Community Challenge

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## You can do it

My goal is \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## with Effort

To improve, I will \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## and Time

At the end of the month, I \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_