

# Information Sheet – Health

## Mr. Yirgu

### I. ASSIGNMENTS:

Assignments are posted on the whiteboard every day of the week. ***The students are encouraged to copy the objective and homework in a planner.*** The assignments in the planner will contain all information concerning the work for the day. You may also access assignments and resources on Mr. Yirgu's Baines Middle School Web page:

<http://www.fortbendisd.com/Domain/5851>

### II. HOMEWORK:

Homework is very rarely given in Health, especially if a student has not completed the assignment in class. Homework usually consists of completing an assignment designed to provide background information or reinforcement of concepts previously covered in class. **HOMEWORK ASSIGNMENTS ARE DUE IN THE BASKET BEFORE THE TARDY BELL.**

### III. HEALTH JOURNAL – SINGLE SUBJECT SPIRAL NOTEBOOK:

Health is an inquiry-based class that can be taught as a lab experience (hands-on approach). Students will maintain and use a journal to complete their tasks. These tasks will consist of quick-writes, bell ringer activities and other lessons. Students are engaged in these activities several days each week and this work is completed in the student's health journal. When using the journal there are several guidelines to follow:

1. Work in the journal will be a **MAJOR GRADE** when checked periodically.
2. **The Health Journal NEVER LEAVES the classroom without permission.**

### IV. OTHER SUPPLIES: BINDER/FOLDER, PAPER, UTENCILS.

Students will be required to maintain a separate binder or folder for Health. A portion of the material covered in Health will be provided to the students in the form of handouts. Without keeping their instructional handouts, the student will not have all needed reference materials to take home to study. Students will also need something to write with because I do not loan out pens/pencils. Donations are welcome for colored pencils, tissue and hand sanitizer that will be used by the class.

### V. "BELL RINGER":

Students are given specific tasks to be completed "**Bell Ringer**". These tasks may include such things as turning in homework, begin working on assignment/worksheet, getting out one's health journal and completing the writing prompt, etc. The tasks for each day are clearly listed on the board and are accentuated by **Orange Bells**. Students will be held accountable for having these simple tasks completed before the tardy bell.

## VI. GRADES:

The average for each term will be determined from the following types of grades:

### DAILY GRADES - 50 %

Activity worksheets  
Quizzes

Workbook  
Classwork

### MAJOR GRADES - 50 %

Tests  
Health Journal

Projects

## VII. HEALTH TOPICS:

1. Introduction – Chapters 1-2
2. Tobacco – Chapter 10
3. Drugs and Alcohol – Chapter 11
4. Human Growth and Development – Ch. 6
5. Abstinence – Choosing the Best Path
6. Diseases – Chapters 11-12
7. Nutrition – Chapter 4
8. First Aid and CPR
9. Consequences unit with the Ft. Bend County Sheriff's Department
10. \*\*\* Various speakers throughout the year

## VIII. CONTACT INFORMATION:

**EMAIL –** [MILKIAS.YIRGU@FORTBENDISD.COM](mailto:MILKIAS.YIRGU@FORTBENDISD.COM)

**PHONE –** (281) 634 – 7877

**CONFERENCES** - Conferences can be arranged by email, or leaving a message for me to return. Please know that my conference period is 5<sup>th</sup> period, which is usually from 1:45pm - 2:30pm. You will be asked to sign in at the front office and let the school secretary know you are here. She will let me know you have arrived.

Student Name (PRINTED): \_\_\_\_\_ Class Period: \_\_\_\_\_

## Health Information Sheet - Acknowledgment

My student and I have read and reviewed the Information Sheet for Health. We are both aware of the following points discussed in the Information Sheet:

- Assignments are posted each day
- Homework, if given, is due in the basket before the tardy bell to class.
- Students must maintain a separate folder or binder to hold their instructional handouts.
- Students must bring in a single subject spiral notebook for their journal.
- **Health/Journal Spirals are never taken out of the classroom without permission.**
- Activities, such as quick writes, bell ringers, etc. will be completed in the Health Journal.

**The journal is a major grade.**

- Students are expected to complete the “**Bell Ringer**” tasks prior to the tardy bell.
- Daily grades are 50% and Major grades are 50 % of a student’s average.
- Participation in drunk driving activities (fun but very informative)

### PARENT CONTACT INFORMATION:

Name (Print Please) \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell/Work Phone \_\_\_\_\_

### IX. PARENTAL APPROVAL NEEDED FOR: Drunk Driving Glasses

There is an activity for students to participate using our drunken driving glasses. Please indicate with a check mark below, if you are giving your son/daughter permission to do the activity, as well as your signature. These glasses are used to show impairment of vision (blurred) and loss of balance while participating in certain activities which include walking the line and catching a tennis ball.

\_\_\_\_\_ Yes, I give my son/daughter, \_\_\_\_\_ permission to participate in the activities.

\_\_\_\_\_ No, I do not give my son/daughter, \_\_\_\_\_ permission to participate in the activities.

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_