

## FREE/LOW COST COMMUNITY RESOURCES

<p><b>Depelchin FAYS Program (free)</b></p> <p>12300 Parc Crest Drive Suite 120 Stafford, Texas 77477 (281) 261-1341 OR (713) 730-2335 <a href="https://www.depelchin.org/services-to-at-risk-youths/">https://www.depelchin.org/services-to-at-risk-youths/</a></p>	<p><b>Hope and Healing Center and Institute</b></p> <p>717 Sage Road Houston, TX 77056 Office Hours: Mon: Fri 8AM to 5PM 713-871-1004 <a href="https://hopeandhealingcenter.org/">https://hopeandhealingcenter.org/</a></p>	<p><b>Texana Center</b></p> <p>Several locations in Fort Bend 281.239.1300 Email: <a href="mailto:info@texanacenter.com">info@texanacenter.com</a>  Persons are charged for services based on their ability to pay <a href="https://www.texanacenter.com/">https://www.texanacenter.com/</a></p>
<p><b>The Ibn Sina Foundation</b></p> <p>South Post Oak Community Medical Center 16345 S. Post Oak Road Houston, TX 77053 Phone: 281-438-7462 Clinic Hours: Mon – Fri 9:00 am – 5:00 pm and Sat 8:00 am – 1:00 pm No appointment needed  <b>Low cost services</b></p>	<p><b>The Ibn Sina Foundation</b></p> <p>South Post Oak Community Dental Center 16345 S. Post Oak Road Houston, TX 77053 Phone: 281-438-7462 Clinic Hours: Mon – Fri 9:00 am – 5:00 pm and Sat 8:00 am – 1:00 pm By appointment  <b>Low cost services</b></p>	<p><b>The Ibn Sina Foundation</b></p> <p>Wilcrest Community Medical Center 11226 S. Wilcrest Dr. Houston, TX 77099 Phone: 281-977-7462 Clinic Hours: Mon – Sat 8:00 am – 5:00 pm (accepts patients until 4pm) No appointment needed  <b>Low cost services</b></p>
<p><b>The Ibn Sina Foundation</b></p> <p>Wilcrest Community Dental Center 11224 S. Wilcrest Dr. Houston, TX 77099 Phone: 281-977-7467 Clinic Hours: Mon – Fri 9:00 am – 5:00 pm and Sat 8:00 am – 3:00 pm By appointment  <b>Low cost services</b></p>	<p><b>Legacy's Behavior Health Services</b></p> <p>Accepts insurance, but will provide services regardless of ability to pay 832-548-5000 <a href="https://www.legacycommunityhealth.org/services/behavioral-health/">https://www.legacycommunityhealth.org/services/behavioral-health/</a></p>	<p><b>Access Health</b></p> <p>400 Austin St. Richmond, TX 77469 <a href="tel:281.342.4530">281.342.4530</a> Email: <a href="mailto:info@myaccesshealth.org">info@myaccesshealth.org</a> <a href="https://myaccesshealth.org/">https://myaccesshealth.org/</a></p>

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<p><b>The Harris Center for Mental Health</b> 713-970-7000</p> <p><a href="https://www.theharriscenter.org/Services/Our-Services/Outpatient-Mental-Health-Services">https://www.theharriscenter.org/Services/Our-Services/Outpatient-Mental-Health-Services</a></p>	<p><b>Fort Bend County Mental Health Resource Line:</b> 832-363-7094 Hours: M-F 8am-5pm</p>	<p><b>Texans Recovering Together Counseling Program</b> 936-521-6331</p> <p><a href="https://www.hotrmhmr.org/services/texans-recovering-together">https://www.hotrmhmr.org/services/texans-recovering-together</a></p>
<p><b>Catholic Charities Counseling Services</b> 1-866-649-5862</p> <p><a href="https://catholiccharities.org/aboutus/">https://catholiccharities.org/aboutus/</a></p>	<p><b>Fort Bend Women's Center (Domestic violence services)</b> 281-342-4357</p> <p><a href="https://fbwc.org/">https://fbwc.org/</a></p>	<p><b>COVID-19 24/7 Mental Health Support Line</b> 833-255-6715</p>
<p><b>Family Houston</b> Fort Bend 12300 Parc Crest Dr., Stafford, TX 77477</p> <p><a href="https://www.familyhouston.org/">https://www.familyhouston.org/</a></p>		