



Welcome to

The Counselor's Den

Leonetti Elementary



School Counselor Newsletter

A MESSAGE FROM MS. NEWSOME

Hello families!

As we head into the holiday season, we're focusing on positivity and gratitude. Students will be encouraged to notice the bright spots in their day, celebrate small victories, and appreciate the people and experiences that bring them joy whether it's a favorite class activity, a kind word from a friend, or even successfully finding their lost homework before it's too late! Practicing gratitude and maintaining a positive outlook can help improve mood, strengthen relationships, and build resilience, skills that benefit students both in school and at home. By taking time each day to recognize the good around them, students learn to approach challenges with a growth mindset, see setbacks as opportunities to learn, and develop empathy for others. Encouraging children to share what they're thankful for and to notice the little moments of joy can also create a ripple effect, fostering a kinder, more supportive classroom and home environment.



If you ever have questions or would like support for your child, please don't hesitate to reach out. I'm here to help!



Counseling Lessons Parent Letter

[Download](#)

234.4 KB

WHAT'S HAPPENING?



Dec 2: *Special Education Day*

Dec. 4: **Counselor Chats Webinar**

Dec. 5: *International Volunteer Day*

Dec. 10: *Human Rights Day*

Dec. 19: **EARLY RELEASE**

Dec. 22-Jan. 7th: **WINTER BREAK**





Counselor Chats Webinar - Anxiety

Parents, join me for a conversation on Anxiety. We'll cover:

- Tips for parents
- What to say and not say to an anxious child
- Strategies to help children cope with anxiety
- How we support students who feel anxious at DLE

Click the time below to register for the webinar. Parents may choose from two available times to attend.

[December 4, 2025 at 12:00 PM](#)

[December 4, 2025 at 4:30 PM](#)

Previous Counselor Chats

Click the link below to view the webinar from October 9th on Bullying Prevention. Please be sure to complete the survey after viewing to help plan for future webinars.

[Counselor Chats: Bullying Prevention](#)
[Post Webinar Survey](#)



All About Bullying Parent Handout

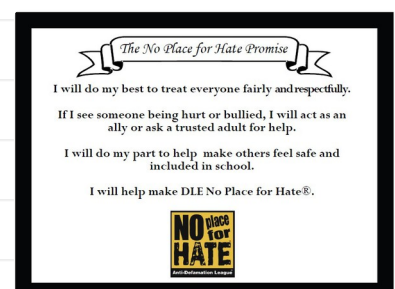
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No Place for Hate

Donald Leonetti Elementary is proud to be an Anti-Defamation League "No Place for Hate" school. We are committed to making our campus a safe school with a culture that values all students and staff. We are doing amazing things to:

1. Build an inclusive and safe community in which respect is the goal, and all students can thrive.



2. Empower students, faculty, administration and family members to take a stand against hate and bullying by incorporating new and existing programs under one powerful message.
3. Send a clear, unified message that all students have a place to belong.

Students at DLE signed the Resolution of Respect on September 19th and all staff and family members are encouraged to sign as well.

[Sign the Resolution of Respect for DLE](#)

CHARACTER TRAIT




BOOK OF THE MONTH

"Ordinary Mary's Extraordinary Deed" by Emily Pearson

This story follows Mary, an ordinary woman who performs a small act of kindness one day helping someone in need. That single deed sets off a chain reaction, inspiring many others to do good as well. Mary discovers that even ordinary actions can have extraordinary impact, and that kindness can spread far beyond what we might expect.

I love this book because it shows students that everyone has the power to make a difference, no matter how small their actions may seem. It highlights the importance of empathy, thoughtfulness, and the ripple effect of positive choices. I value how this story opens the door to conversations about compassion, community, and how one simple act can lead to meaningful change in the world.

December Book of the Month: Ordinary Mary's Extraordinary Deed



Book of the Month

ACTION FOR HAPPINESS CALENDAR

December Kindness 2025



MONDAY

TUESDAY

WEDNESDAY

THURSDAY



FRIDAY

SATURDAY



SUNDAY

1 Spread kindness and share the December calendar with others

2 Contact someone you can't be with to see how they are

3 Offer to help someone who is facing difficulties at the moment

4 Support a charity, cause or campaign you really care about

5 Give a gift to someone who is homeless or feeling lonely

6 Leave a positive message for someone else to find

7 Give kind comments to as many people as possible today

8 Do something helpful for a friend or family member

9 Notice when you're hard on yourself or others and be kind instead

10 Listen wholeheartedly to others without judging them

11 Buy an extra item and donate it to a local food bank

12 Be generous. Feed someone with food, love or kindness today

13 See how many different people you can smile at today

14 Share a happy memory or inspiring thought with a loved one

15 Say hello to your neighbour and brighten up their day

16 Look for something positive to say to everyone you speak to

17 Give thanks. List the kind things others have done for you

18 Ask for help and let someone else discover the joy of giving

19 Contact someone who may be alone or feeling isolated

20 Help others by giving away something that you don't need

21 Appreciate kindness and thank people who do things for you

22 Congratulate someone for an achievement that may go unnoticed

23 Choose to give or receive the gift of forgiveness

24 Bring joy to others. Share something which made you laugh

25 Treat everyone with kindness today, including yourself!

26 Get outside. Pick up litter or do something kind for nature

27 Call a relative who is far away to say hello and have a chat

28 Be kind to the planet. Eat less meat and use less energy

29 Turn off digital devices and really listen to people

30 Let someone know how much you appreciate them and why

31 Plan some new acts of kindness to do in 2026



ACTION FOR HAPPINESS

Happier · Kinder · Together

CONTACT THE COUNSELOR

As your child's counselor, I value the strong partnership between school and home. By working together, we can best support your child's academic, social, and emotional growth. Please don't hesitate to reach out.

Phone: (281) 327-3196

Email: monet.newsome@fortbendisd.gov



Parent Counselor Conference Request

Student Request to Speak to the Counselor



Counseling / Counseling Home

A Professional School Counselor is available at Donald Leonetti Elementary School to provide a Comprehensive Developmental Guidance Program and services for all students in the areas of:

[✉ fortbendisd.com](http://fortbendisd.com)



Monet Newsome, School Counselor