

# **ACHS Athletic Training Room Rules**

**The following rules are in effect for all ACHS athletic training rooms. Student-athletes should follow these rules so that they can be served efficiently.**

1. The athletic training room is first and foremost a healthcare facility and should be treated in such a manner.
2. Absolutely no photos or videos will be taken in the athletic training rooms.
3. Student-athletes are not allowed in the athletic training room without supervision.
4. The athletic training staff will make every effort to treat student-athletes on a first come first serve basis. At times, in-season sports may have priority. Please plan accordingly.
5. Student-athletes must come dressed appropriately for their treatment or rehabilitation.
  - The athletic training room is not a place to dress and undress.
  - Shoes are not allowed to be worn while on the treatment tables.
  - Cleats are not allowed to be worn inside the athletic training room.
6. Any student-athlete with a new injury must notify the athletic training staff immediately so that the coaching staff can be updated on the student athlete's status for participation.
7. Student-athletes are not permitted to treat themselves or dictate their own treatment. All treatments are at the discretion of the athletic training staff.
8. All return to play decisions will be made by a staff athletic trainer and/or the student athlete's personal physician.
9. DO NOT remove equipment or supplies from the athletic training room without the permission of a staff athletic trainer
10. DO NOT use the athletic training room equipment or supplies without permission.
  - Student-athletes may be charged for damage to equipment or supplies.
11. Student-athletes using the athletic training room should refrain from loud and obnoxious behavior.
12. Foul and/or offensive behavior and/or language is not permitted.
13. DO NOT hang out in the athletic training room. Student-athletes should only be in the athletic training room when they are in the process of acquiring athletic training services.
14. Student-athletes should return all equipment and supplies (crutches, boots, braces, etc.) as soon as they no longer need to use them.
  - Student athletes may be charged for equipment and supplies that have not been returned.
15. The athletic training staff will not be dispensing medications of any kind.
16. Student-athletes will treat all athletic training staff with respect. This respect will be returned to student athletes.
17. If a student-athlete is not adhering to the rules and policies of the athletic training room, she or he can lose privileges to the facility. Parents and Coaches will be notified of any student athlete who is not compliant.