



**KEMPNER LADY COUGAR
2025**



VOLLEYBALL TRYOUTS

FRIDAY, AUGUST 1ST

Freshman Only: 9:00am - 11:00am

10th - 12th Only: 12:00pm - 2:00pm

All Grades: 4:00 - 6:00pm

SATURDAY, AUGUST 2ND

All grades: 9:00am - 12:00pm (1st round cuts)

All grades: 2:00pm - 4:00pm (final cuts)

Evaluations based of FBISD Tryout Rubric:

*Fundamental skills, cardiovascular endurance, offense, defense,
court awareness, attitude, and work ethic*

**PHYSICAL AND RANK ONE FORMS MUST BE
COMPLETED AND UPLOADED BEFORE YOU TRY OUT.**

FBISD Athletic Parent Portal ([Online Forms](#))

**MAKE SURE TO BRING ENOUGH WATER AND
PROPER ATHLETIC ATTIRE**

#UnitedAsOne

Please contact Coach Lee if you have any questions

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